



## Analyzing Intervention Effects: Multilevel & Other Approaches

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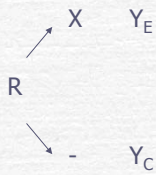
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## Simplest Intervention Design



- ☑ Random assignment
- ☑ Experimental + Control group
- ☑ Analysis:  $t$ -test

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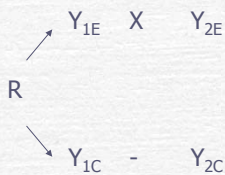
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## Better Design: Have Pretest



- ☑ Random assignment
- ☑ Experimental + Control group
- ☑ Pretest + Posttest
- ☑ Why Better?
- ☑ Analysis ?

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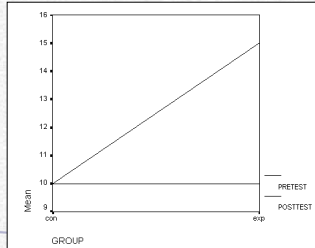
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## Why is Pretest/Posttest Better?

- Much larger power
- But depends on analysis

• Imagine effect:



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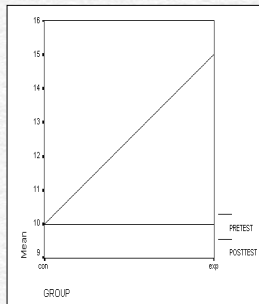
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## Analysis Possibilities

- Covariance analysis (ancova)  
*highest power*
- *t*-Test on difference scores  
*less power*
- Interaction in 2-way analysis of variance (manova) *less power*



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## How Much Power?

- Example: assume posttest only
- Effect size is medium: Cohen's  $d = 0.5$
- Sample size is  $25 + 25 = 50$
- Alpha = 0.05, test is two-sided
- Power of *t*-test is 0.41

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## How Much Power?

- ☞ Example: assume pretest-posttest
- ☞  $d = 0.5$ ,  $N = 25 + 25 = 50$ ,  $\alpha = 0.05$
- ☞ Power depends on correlation pretest-posttest, *which is typically high*
- ☞ Assume  $r = 0.3$  (Cohen: medium)
  - Power of ancova - test is 0.46
- ☞ Assume  $r = 0.5$  (Cohen: high)
  - Power of ancova - test is 0.55

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## How Much Power?

- ☞ Same example: pretest-posttest,  $r = 0.6$
- ☞ Power of ancova - test is 0.57
- ☞ Power of  $t$  - test on difference scores (assume equal variances) is 0.49
- ( $t$  - test on posttest was 0.41)

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## How Much Power?

- ☞ Same example: pretest-posttest,  $r = 0.6$
- ☞ Power of ancova - test is 0.57
- ☞ Power of interaction test in manova (interaction pre/posttest with exp/con) is 0.49
- ( $t$  - test on posttest was 0.41)

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## How Much Power?

- ☞ Power of ancova - test is 0.57
- ☞ Power  $t$  - test on difference scores 0.49
- ☞ Power of interaction test in manova 0.49
  
- ☞ Same hypothesis is tested, thus power is in general about equal
  - ☞ But difference scores *much* simpler

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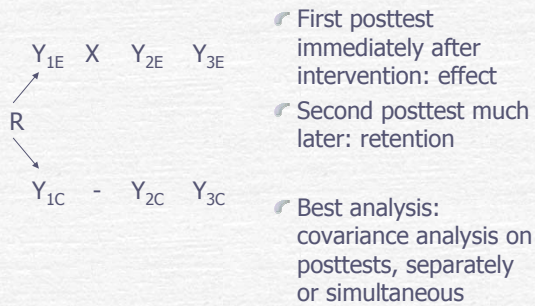
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## Still Better Design: Have Pretest and Two Posttests



- ☞ First posttest immediately after intervention: effect
- ☞ Second posttest much later: retention
  
- ☞ Best analysis: covariance analysis on posttests, separately or simultaneous

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## Why Multilevel Analysis?

- ☞ If your data have a grouping structure
  - Interventions in organizations
  - e.g. anti-smoking campaign in school classes, intervention done at class level
  
- ☞ If you have a panel design with substantial dropout
  - It is not unusual to loose 25% at each wave

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**If Data Are Grouped**

- Assume t-test, with natural groups (e.g. compare two intact schools) **Significance test very biased!**
- Dependence given by intraclass correlation
- Formal correction for dependence: larger!

n per group	.20	.40	.80	
10	.28	.46	.75	
25	.6	.63	.84	
50	.59	.74	.89	
100	.43	.70	.81	.92

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**If You Have Panel Dropout**

- SPSS ancova & macro by *casewise deletion*
  - Cases with missing data
- Minor disadvantage: wasteful
- Major disadvantage: assumes dropout is completely at random

*completely random: do you really believe that?*

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**Why Multilevel Analysis**

- If your data do not have a grouping structure
- If your longitudinal study has negligible dropout
  - Say at most 5% (Little & Rubin, 1987)
- Multilevel analysis has *no* advantages
- Use (m)anova with pretest as covariate

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**Example Intervention Data**

- Experimental/Control group  
Pretest/Posttest:  $N = 2 \times 25$ ,  $r = 0.6$
- Part of data file:

	id	group	expcon	pretest	posttest	diff
1	1	1	1	67	63	-4
2	2	1	1	66	69	3
3	3	1	0	66	55	-12
4	4	1	1	46	58	11
5	5	1	0	48	51	3
6	6	2	0	65	60	-5
7	7	2	1	37	42	5
8	8	2	1	38	39	0
9	9	2	1	57	53	-4
10	10	2	0	40	45	5
11	11	3	0	65	61	-4

file: example.sav

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**Anova on Intervention Data**

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**Anova on Intervention Data**

SPSS - output:

**Tests of Between-Subjects Effects**

Dependent Variable: POSTTEST

Source	Type III Sum of Squares	df	Mean Square	F	Sig.	Noncent. Parameter	Observed Power
Corrected Model	2040.500 <sup>b</sup>	2	1020.250	15.609	.000	31.219	.999
Intercept	936.055	1	936.055	14.321	.000	14.321	.960
PRETEST	1728.000	1	1728.000	26.438	.000	26.438	.999
EXPCON	312.500	1	312.500	4.781	.034	4.781	.572
Error	3072.000	47	65.362				
Total	142925.000	50					
Corrected Total	5112.500	49					

a. Computed using alpha = .05  
b. R Squared = .399 (Adjusted R Squared = .374)

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## However ...

- ☞ If your data have a grouping structure and / or
- ☞ If you have a panel design with substantial dropout
- ☞ You need multilevel analysis!



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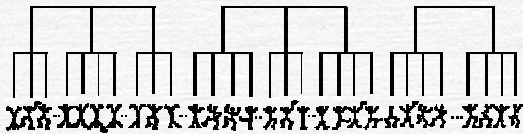
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## Multilevel Data



- ☞ Three level data structure
- ☞ Groups at may have different sizes
- ☞ Response variable at lowest level
- ☞ Explanatory variables at all levels
- ☞ Model assumes *sampling* at all levels

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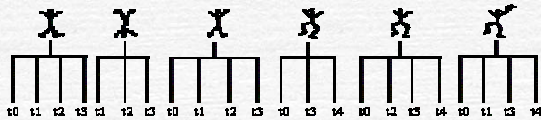
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## Longitudinal Data As Multilevel



- ☞ Six persons measured on up to four occasions
  - Levels are *occasion* level, and *person* level
- ☞ We can mix time variant (occasion level) and time invariant (person level) predictors
- ☞ Note that missing occasions are no problem

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## The Multilevel Regression Model: the Lowest (Individual) Level

- ☞ Ordinary regression, one explanatory variable X:
  - $Y_i = \beta_0 + \beta_1 X_i + e_i$
  - $\beta_0$  intercept,  $\beta_1$  regression slope,  $e_i$  residual error term
- ☞ In multilevel regression, at the lowest level:
  - $Y_{ij} = \beta_{0j} + \beta_{1j} X_{ij} + e_{ij}$
  - $\beta_{0j}$  intercept,  $\beta_{1j}$  regression slope,  $e_{ij}$  residual error
  - subscript i for individuals, j for groups
  - each group has its own intercept coefficient  $\beta_{0j}$
  - and its own slope coefficient  $\beta_{1j}$
- ☞ Intercept and slope coefficients vary across the groups, hence the term *random coefficient* model

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## The Multilevel Regression Model: the Second (Group) Level

- ☞ At the lowest level:
  - $Y_{ij} = \beta_{0j} + \beta_{1j} X_{ij} + e_{ij}$
  - Intercept and slope coefficients vary across the groups
- ☞ We predict intercept and slope with a second level regression model:
  - $\beta_{0j} = \gamma_{00} + \gamma_{01} Z_j + u_{0j}$
  - $\beta_{1j} = \gamma_{10} + \gamma_{11} Z_j + u_{1j}$
  - $\gamma_{00}$  and  $\gamma_{01}$  are the intercept and slope to predict  $\beta_{0j}$  from  $Z_j$ , with  $u_{0j}$  the residual error term
  - $\gamma_{10}$  and  $\gamma_{11}$  are the intercept and slope to predict  $\beta_{1j}$  from  $Z_j$ , with  $u_{1j}$  the residual error term
- ☞ Coefficients  $\gamma$  do not vary across groups

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## The Multilevel Regression Model: Single Equation Version

- ☞ At the lowest (individual) level we have
  - $Y_{ij} = \beta_{0j} + \beta_{1j} X_{ij} + e_{ij}$
- ☞ and at the second (group) level
  - $\beta_{0j} = \gamma_{00} + \gamma_{01} Z_j + u_{0j}$
  - $\beta_{1j} = \gamma_{10} + \gamma_{11} Z_j + u_{1j}$
- ☞ Combining (substitution and rearranging terms) gives
  - $Y_{ij} = \gamma_{00} + \gamma_{10} X_{ij} + \gamma_{01} Z_j + \gamma_{11} Z_j X_{ij} + u_{1j} X_{ij} + u_{0j} + e_{ij}$
- ☞ Looks like an ordinary regression model with complicated error terms

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**The Multilevel Regression Model:  
Single Equation Version**

$$Y_{ij} = [\gamma_{00} + \gamma_{10} X_{ij} + \gamma_{01} Z_j + \gamma_{11} Z_j X_{ij}] + [u_{1j} X_{ij} + u_{0j} + e_{ij}]$$

- ☞ This equation has two distinct parts
  - $[\gamma_{00} + \gamma_{10} X_{ij} + \gamma_{01} Z_j + \gamma_{11} Z_j X_{ij}]$  contains all the fixed coefficients, it is the **fixed part** of the model
  - $[u_{1j} X_{ij} + u_{0j} + e_{ij}]$  contains all the random error terms, it is the **random part** of the model
- ☞ Plus:
  - The *cross-level* interaction  $Z_j X_{ij}$  results from modeling the regression slope  $\beta_{1j}$  of individual level variable  $X_{ij}$  with the group level variable  $Z_j$
  - the error term  $u_{1j}$  is connected to  $X_{ij}$ . Thus the residuals are larger for large values of  $X_{ij}$ , implying *heteroscedasticity*

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**The Multilevel Regression Model:  
Interpretation**

$$Y_{ij} = [\gamma_{00} + \gamma_{10} X_{ij} + \gamma_{01} Z_j + \gamma_{11} Z_j X_{ij}] + [u_{1j} X_{ij} + u_{0j} + e_{ij}]$$

- ☞ Fixed part is an ordinary regression model
- ☞ Complicated error term:  $[u_{1j} X_{ij} + u_{0j} + e_{ij}]$
- ☞ Several error variances
  - $\sigma_e^2$  variance of the lowest level errors  $e_{ij}$
  - $\sigma_{00}$  variance of the highest level errors  $u_{0j}$
  - $\sigma_{11}$  variance of the highest level errors  $u_{1j}$ 
    - ☞  $\sigma_{01}$  covariance of  $u_{0j}$  and  $u_{1j}$
- ☞ Note:  $\sigma_{00}$ ,  $\sigma_{11}$ , and  $\sigma_{01}$  also interpreted as (co)variances of lowest level coefficients  $\beta_j$

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**The Multilevel Regression Model:  
Estimation**

- ☞ At the lowest (individual) level we have
  - $Y_{ij} = \beta_{0j} + \beta_{1j} X_{ij} + e_{ij}$
- ☞ and at the second (group) level
  - $\beta_{0j} = \gamma_{00} + \gamma_{01} Z_j + u_{0j}$
  - $\beta_{1j} = \gamma_{10} + \gamma_{11} Z_j + u_{1j}$
- ☞ Maximum Likelihood (ML) estimation
  - Gamma coefficients, standard errors, p-values
  - Variance components  $\sigma_e^2$  and  $\sigma_{00}$ ,  $\sigma_{01}$ ,  $\sigma_{11}$
  - (significance of (co)variances in  $\Sigma$ )
  - Model *deviance*

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**Data Structure**

## Multilevel Regression Model

- MLwiN & most other software
  - All data in one single file
  - Levels identified by identification numbers
    - school number, class number, pupil number
- HLM
  - Separate file for each level
  - Reads SPSS, SAS, EXCEL & other files

Note: SPSS 11.0 mixed model module is seriously flawed, do not use

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**Preparing Data for MLwiN**

- Group and individual identification numbers
- Regression constant computed in SPSS
  - const = 1
  - (not visible here)
- Write data out as *fixed ascii* -file

	id	group	excon	pretest	posttest
1	1	1	1	67	63
2	2	1	1	66	69
3	3	1	0	66	55
4	4	1	1	46	58
5	5	1	0	48	51
6	6	2	0	65	60
7	7	2	1	37	42
8	8	2	1	38	39
9	9	2	1	57	53
10	10	2	0	40	45
11	11	3	0	65	61
12	12	3	0	45	53
13	13	3	1	46	51
14	14	3	1	44	59
15	15	3	0	49	48
16	16	4	1	48	66
17	17	4	1	42	67
18	18	4	0	48	65
19	19	5	0	50	47
20	20	5	1	53	50
21	21	5	0	49	54

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**Porting Data to MLwiN**

- Write data out as *fixed ascii* -file
  - Using *Save As*
  - Save* gives *all* variables
- Or *Paste* into syntax window and replace *all* with list of variables
  - WRITE OUTFILE = 'd:\Joop\intervention\example.dat'
  - TABLE / id group excon pretest posttest const .
  - EXECUTE .

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## Start MLwiN & Input Data

- Under *File* open fixed ascii file
  - Specify columns = # of variables
  - Specify location & file

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## MLwiN: Next

- Nothing seems to happen
  - Click on Data Manipulation to assign names

- Assigning names to columns is important
  - c1=person, c2=group, c3=expcon, c4=pretest, c5=posttest, c6=const

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## MLwiN: Next

Name	n	missing	min	max
1 person	50	0	1	50
2 group	50	0	1	10
3 c3	50	0	0	1
4 c4	50	0	35	76
5 c5	50	0	28	70
6 c6	50	0	1	1
7 c7	0	0	0	0

- Select column to assign name
  - Type name in textbox, next hit *Enter* or click on unmarked button

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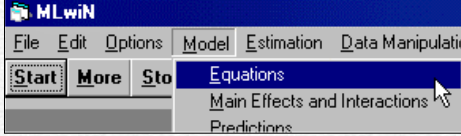
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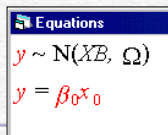
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**MLwiN: Next**

- Go to Model, open Equations window



- Which produces this:
  - The Equations window is where we specify the model



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**The Equations Window: Heart of MLwiN**

- Specify the outcome variable
- Specify the variables that identify levels
- Add predictors
  - Including the regression constant
- Specify which 1<sup>st</sup> level predictors have random (=varying) regression coefficients across level 2 units
  - Including the regression constant
  - Almost always random at all levels

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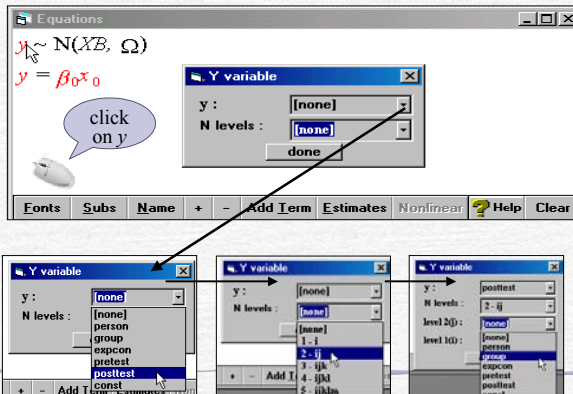
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**Specify Outcome & Levels**



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### Specify Constant as 1<sup>st</sup> Predictor

click on x

constant always varies at all levels

indicate variation here

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### Things to do in the Equations Window

show names

show random part

add predictors

show estimates not symbols

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### Things to do in the MLwiN Window

start / stop estimating

complicated: RTFM

like SPSS compute & recode

specify estimation method

Logical order in analysis of grouped (multilevel) data

- Only constant
- Add 1st level predictors, then add 2nd level predictors, etc...
- Specify varying coefficients

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**Start Computations ...**

- As by magic ..., estimates appear
  - Constant plus the two variance components
  - The intraclass correlation is  $(\sigma_{11}/(\sigma_{11} + \sigma_e^2))$
  - Here  $(25.79/(25.79 + 78.04)) = 0.25$
  - 25% of variance at group level

Equations


$\text{posttest}_{ij} \sim N(XB, \Omega)$

$\text{posttest}_{ij} = \beta_{0ij} \text{const}$

$\beta_{0ij} = 52.870(2.043) + u_{0ij} + e_{0ij}$

$[u_{0ij}] \sim N(0, \Omega_u) : \Omega_u = [25.787(18.919)]$

$[e_{0ij}] \sim N(0, \Omega_e) : \Omega_e = [78.044(17.444)]$



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**Multilevel Analysis**

- Add predictor variables
  - Assess significance
  - Like usual multiple regression

**BUT**

- 1<sup>st</sup> level predictors may have regression coefficients varying across groups
- Interesting hypothesis: is intervention effect constant across groups?
  - If not: which group variables explain differences in intervention effect?



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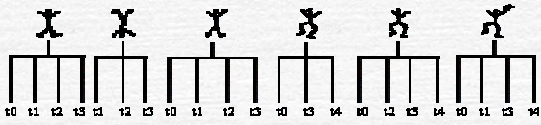
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**Back to Longitudinal Data**



- Six persons measured on up to four occasions
  - Levels are *occasion* level, and *person* level
- We can mix time variant (occasion level) and time invariant (person level) predictors
- Note that missing occasions are no problem

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**Creating the Multilevel Longitudinal Data File**

- SPSS-file intervention.sav
- In SPSS: make sure each variable has enough columns
- No system missing values but explicit missing data code
- Write raw data to interventionflat.dat

	organ	ident	expon	pretest	post1	post2
1	1	1	0	35	37	38
2	1	2	0	58	47	44
3	1	3	0	41	37	42
4						
5						
6						
7						
8						
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10						
11						
12						

- Data are read back in SPSS in free format (variables separated by spaces) in 'new' data layout
- Saved in SPSS file interventionflat.sav

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**Creating the Multilevel Longitudinal Data File**

- Data are read back in SPSS in free format (variables separated by spaces) in 'new' data layout
- Saved in SPSS file interventionflat.sav

	ident	occ	test	pre	post1	post2	expon
1	1.00	1.00	35.00	1.00	.00	.00	.00
2	1.00	2.00	37.00	.00	1.00	.00	.00
3	1.00	3.00	38.00	.00	.00	1.00	.00
4	2.00	1.00	58.00	1.00	.00	.00	.00
5	2.00	2.00					
6	2.00						
7	3.00						
8	3.00						
9	3.00						
10	4.00						

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**Creating the Multilevel Longitudinal Data File**

- Remove in this file all 'cases' ( = occasions) that have a missing value on 'test' ( = missed occasion)
- Write remainder to raw data file, transport to MLwiN
- Male levels: 1<sup>st</sup> = occasion, 2<sup>nd</sup> = person (ident)
- Dummies for pretest & 2 posttests
- Effect of 'expon' modeled as interaction with post1 or post2 dummy

	ident	occ	test	pre	post1	post2	expon
1	1.00	1.00	35.00	1.00	.00	.00	.00
2	1.00	2.00	37.00	.00	1.00	.00	.00
3	1.00	3.00	38.00	.00	.00	1.00	.00
4	2.00	1.00	58.00	1.00	.00	.00	.00
5	2.00	2.00	47.00	.00	1.00	.00	.00
6	2.00	3.00	44.00	.00	.00	1.00	.00
7	3.00	1.00	41.00	1.00	.00	.00	.00

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## Creating the Multilevel Longitudinal Data File

- ☞ Note: effect of 'expcn' modeled as interaction with post1 or post2 dummy means less power
  - ☞ Just as in manova
  - ☞ But test score may be missing at any occasion
- ☞ Alternative (pretest as covariate) only feasible if both pretest and posttest1 virtually no missings
  - ☞ Which does happen ...

	ident	occ	test	pre	post1	post2	expcn
1	1.00	1.00	35.00	1.00	.00	.00	.00
2	1.00	2.00	37.00	.00	1.00	.00	.00
3	1.00	3.00	38.00	.00	.00	1.00	.00
4	2.00	1.00	58.00	1.00	.00	.00	.00
5	2.00	2.00	47.00	.00	1.00	.00	.00
6	2.00	3.00	44.00	.00	.00	1.00	.00
7	3.00	1.00	41.00	1.00	.00	.00	.00

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## Usual Longitudinal Multilevel Analysis

- ☞ Baseline model always includes occasions as linear predictor or series of dummies
  - Check for autonomous shift over time
- ☞ Add covariate 'expcn' as interaction with 'post1' and / or 'post2' dummy
  - We may add covariate 'expcn' as interaction with 'pretest' to check initial equality of groups

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## Remember ...

- ☞ If your data have a grouping structure and / or
- ☞ If you have a panel design with substantial dropout
- ☞ You need multilevel analysis!



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**Because ...**

- SPSS ancova & manova by *casewise deletion*
  - Cases with missing values are deleted
- Minor disadvantage: wasteful
- Major disadvantage: assumption of dropout is completely at random

*completely random: do you really believe that?*



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**Just to Hammer it in ...**

- The advantage of multilevel models in pretest - posttest designs
- Is the softer assumption of missing at random (MAR)
- Instead *completely* at random (MCAR)
- MAR is plausible if dropout can be predicted from available variables
  - Including the pretest!



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**OK ...**

- Let's get moving!



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